



An important part of a Retreat is the opportunity to choose engagement and rest as feels best in the moment. As you review the schedule below, please know you are always free to do less. Time for rest and prayer is encouraged.

Friday

3:00 - 5:00 PM Arrival, move into accommodations, free time
5:00 PM - The Beginning of Good News - Introduction to the weekend
5:30 - 6:30 PM - Dinner in the Dining Hall
6:30 - 8:30 PM - Walking with Mary -includes study, reflection, and prayer practices
8:30 PM - Compline

Saturday

7:30 AM - Morning Prayer
8:00 - 9:00 AM - Breakfast in the Dining Hall
9:30 - 11:45 AM - A Morning with Mark - Community read-through of the Gospel of Mark & reflection.
11:45 AM - Noonday Prayer
12:00 - 1:00 PM - Lunch in the Dining Hall
1:15 - 2:45 PM - Activity Slot One
3:00 - 5:00 PM - Activity Slot Two
5:00 - 5:30 PM - Evening Prayer
5:30 - 6:30 PM - Dinner in the Dining Hall
6:30 - 7:30 PM - Singing in Community
7:30 - 8:00 PM - Compline
8:00 PM - Stargazing

Sunday

8:00 - 9:00 AM - Breakfast in the Dining Hall
9:00 AM - Taking the Good News home
9:30 AM - 11:00 AM - Holy Eucharist
11:00 AM - Departure

Saturday Activities/Workshops (this list is still emerging)

Centering Prayer with meditation candles
Sunset Prayer Hike
Wreath Making

Camp Stevens animal & garden program
Labyrinth Walk
Other