

NAME: _____



PLAN OF ACTION

SECTION A: ACTION

First: Take individual quiet time to think about what areas you want to commit to. You don't have to address all areas, but we challenge you to consider commitments for 2 or 3 of the areas.

Second: Brainstorm/discuss in your group possible ideas of how to accomplish the different areas listed.

Third: Formalize your personal commitments by writing them down on your paper and **be as specific as possible.**

Fourth: Take turns to share & discuss your commitments within your group.

1. Seeking out and listening to various experiences of racial prejudice/injustice. Within that context look for multiple stories. Talk to friends, fellow congregants, colleagues, family, neighbors, consider media stories...and see if you can discover single storyisms and practice going beyond.
2. Speaking out against racism. Develop language and practice speaking out in a safe environment so that you have the skills to interrupt racism when you see and hear it.
3. Showing up alongside those in our community working to change unjust systems in our region.
4. Investing in socio-economically marginalized communities and organizations.
5. Addressing a single story that you have encountered in your life, community, or ministry.
6. Participating in local acts of racial reconciliation and/or restoration.

SECTION B: EDUCATION

First: Take quiet time to think about which area(s) for ongoing education you want to commit to.

Second: Commit to that area by checking the appropriate box.

Third: Take turns and discuss your commitment within your group.

☐ Download and review/study the LARK bibliography from the LARK website. In your follow up Zoom group meeting, share with your group what section(s) you reviewed/studied, what you learned and what you discovered about single storyism.

☐ Read a book about a local issue or visit a local site recommended on the LARK website. In your follow up Zoom group meeting, share what book you're reading or what site you have visited or commit to visit.

☐ Download the list of Additional Race/Racism Terms from the LARK website. Explore the meaning of the terms, especially those you're unfamiliar with or unclear about. You could explore multiple sources, as looking at different definitions for a given term (including those already familiar to you) can be a way of practicing going beyond single storyism. Consider which terms relate to what we explored in LARK.

☐ Take Sacred Ground* (*Sacred Ground is the Episcopal Church's 11 session film and reading based dialogue focusing on the history of race and racism in the U.S.*). Check the EDSD newsletter for up details on an upcoming circle. Or join/start a circle in your parish. Reach out to us on how to start your own circle.

*If you've already taken Sacred Ground, SPREAD THE (good) NEWS and encourage others to join a Sacred Ground circle

☐ Other (focused on local issues), specify...

SECTION C: INVITATION

First: Take quiet time to answer the question: *Who will you personally invite to attend the next LARK workshop (taking place October 17 & 18, 2025 @ Trinity, Escondido)?* Sign up link: <https://edsd.org/event/lark-october-2025/>

Second: Take turns and tell one another who you'll invite.

Names: _____

This weekend or before our June 3 follow up meeting, I will invite them via (check the appropriate box):

☐ A handwritten note

☐ Email

☐ Text

☐ Phone call

☐ In-person conversation

SECTION D: PRACTICALITIES

As a group:

1. Decide on a check-in date/time for your group Zoom meeting (this should of course be before the ALL-LARK ATTENDEE follow up Zoom meeting).

⇒ Reminder: Date for the ALL-LARK ATTENDEE Zoom meeting is Tuesday, June 3 at 6 pm

⇒ Your group check in date & time is _____

2. Exchange group members contact information

Group members contact info is:

3. Who will set up the Zoom group meeting (that is: send everyone the Zoom link) for a group 'check-in' meeting? Gentle reminder that all members of the group are responsible for checking in together.

Zoom meeting set up person is _____