

Climate Trauma Interfaith Workshop

Saturday, September 23

Hosted by St. Dunstan's Episcopal Church
6556 Park Ridge Blvd, San Diego



Climate change will continue to bring unexpected and devastating events into our lives and communities. We are already experiencing extreme heat, wildfires, floods, hurricanes and rising ocean temperatures. This one-day workshop will lift the voices of our community to discuss how we can come together and address and support each other in times of climate upheaval and trauma in order to find tools and strength.

Workshop Schedule*

8:30am: Registration and Welcome

9:00am: Dr. Christine James: San Diego wildfires and associated trauma and mental health

10:00am: James Baraz: Buddhist teacher and speaker on addressing climate trauma in our communities and author of "Awakening Joy"

11:00am: Faith Leader(s) Presentation

Noon: Lunch - simple vegetarian meal served

1:00pm: Interfaith/Community Panel Discussion: Creating a community coalition of support to address climate trauma: How can we organize and support each other during climate emergencies?

2:00pm: Interfaith Prayer Service

**Youth are encouraged to attend and will have their own separate track/schedule*

Registration:

<https://docs.google.com/forms/d/e/1FAIpQLSci7rZyg5KtXxl4qCMUJnEC4CY6MoEYs5kBPh4RBGFDQDBUzQ/viewform>