

Living In Freedom from Exploitation...shouldn't be a dream.

## Backpacks Needed!

You can support Project LIFE clients by donating backpacks filled with \*new\* critical necessities:

- Clothes: Backpacks needed for size Small to XL
  - Elastic Waistband Comfortable Pants (Yoga / Stretch / Athletic)
  - Sweatshirt
  - T-Shirt
  - Flip Flops
  - Socks & Underwear
- Toiletries
  - Hair Brush
  - Shower Puff & Travel Size Shower Gel / Soap
  - Chap Stick or Lip Gloss
  - Travel Size Lotion
  - Travel Size Deodorant
  - Small Hand Sanitizer
  - Shampoo and Conditioner
  - Toothpaste and Toothbrush
  - Razors & Shaving Cream
  - (Backpacks for Women/Girls) Tampons and Liners in Small Ziploc Bag
- Two Pens & Journal: spiral bound notebook
- Granola Bar (no chocolate, please)

### February 2016 Update

Project LIFE is in desperate need of clothing and toiletries for boys, men, and transgender female victims, specifically:

- Boys sizes S to WL
- Men size S to XL
- Women Size XL

Thank you for your help!

Backpacks can be delivered to Lifeline's Oceanside or Vista locations. Donations can also be made online at [www.nclifeline.org](http://www.nclifeline.org) to support Project LIFE.

You Can Help put a stop to Human Trafficking

\$1,000 supports a victim in the Project LIFE program

\$500 provides trauma-specific treatment for victims

\$100 sponsors a weekly prevention forum

DONATE online and make a difference today.

[give@nclifeline.org](mailto:give@nclifeline.org)  
or call 760.842.6257